



Does It Sometimes Feel Like You're Allergic To Being Awake?

*"I used to wake up at 4 A.M. and start sneezing, sometimes for five hours. I tried to find out what sort of allergy I had but finally came to the conclusion that it must be an allergy to consciousness."—
Raymond Chandler, American Writer, 1888-1959, www.thinkexist.com*

Hello friends and clients. The quote above from Raymond Chandler is all too familiar to many of us around this time of year. Sometimes it feels like we are allergic to consciousness when there is little relief in sight!

I've been talking to my clients about the subject of allergies for years and with Spring around the corner it's a good time to review the facts.

Check This Out...

According to The Asthma and Allergy Foundation of America website ***1 in 4 Americans suffer from allergies or asthma. That's tens of millions of Americans suffering this Spring!***

And according to WebMD **we spend 90% of our time indoors. And our indoor air can be up to 100 times more polluted than outdoor air, depending on factors such as whether the residents smoke.**

Here is a quote from www.allergyrelief101.com, ***"Many people think that carpets and allergies are a bad combination. Even some allergists will encourage their patients to remove carpeting in favor of hardwood or tile floors. However, carpets can actually help to reduce the allergens in your home by trapping them, as long as they are properly cleaned on a regular schedule."***

Just Follow This Logic For A Second...

Our carpet traps indoor allergens like dust mites, mold, mildew, fungus, pollens, pet dander and other pollutants and allergens. When that trap gets full, a professional steam cleaning will remove those allergens from your carpet and your home. You will have relief from allergy symptoms related to those substances.

I've heard it time and again from clients – **carpet cleaning does relieve some allergy symptoms. So until there is a "cure" there is only prevention. Prevent yourself from having polluted indoor air – clean your carpets today.**

Allergy Relief Special:

Save \$20.00 Off Your Carpet Cleaning

Save \$20.00 Off Your Upholstery Cleaning

Save \$10.00 Off Your Area Rug Cleaning

PLUS take an extra \$20 off our "Healthiest Home" Cleaning Package—Ideal for allergy sufferers! Call us for details!

That is \$70.00 In Savings!

Call Absolute Carpet Care at 703-925-0022 today or drop me an e-mail at AbsoluteCarpetCare@yahoo.com to schedule.
These Allergy Reducing Specials are only good until April 30, 2011!
Check us out on the web at www.AbsoluteCarpetCare.com

*Not valid with other offers. – Not valid with vacant properties. \$149 minimum applies (after discount). \$350.00 minimum applies after discount for high-rise buildings & properties in D.C. Limit 1 per household. (Homeowner must be present at time of service)